

swimming rules and regulations

Admissions Policy

Main Pool

- 1 adult to every child aged under 5 years
- 1 adult to 2 children aged 5-7 years

Small Pool

- 1 adult to every 2 children aged under 8 years.

An Adult is deemed to be the child's parent or a person over the age of 16 years old.

Lockers

Lockers require a £1 coin, which is refundable.

Disabled Access

If you have a disability, we have superb accessibility for you.

- Hoist
- Specially equipped changing areas
- Designated Toilets

If you require extra help please ask a member of staff who will be happy to help you during your visit.

Family changing areas

We provide family changing facilities. We have a unisex changing village with individual cubicles and larger cubicles with baby's changing tables for young families.

swimming@lifestyles non-members prices

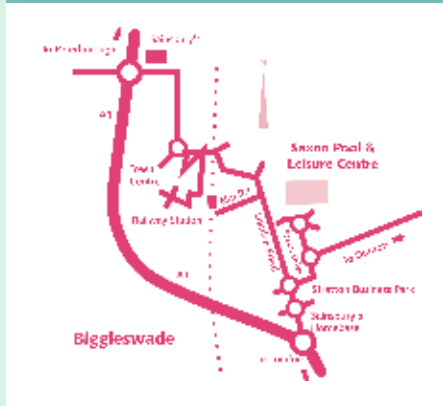
	Member	Concession
Adult	£2.50	£1.25
Junior/Student/Senior Citizen	£1.25	£0.65
Swimcard Adult (10 swims)	£22.00	£11.00
Swimcard Junior (10 swims)	£11.00	£5.50

members prices

	Member	Concession
Lifestyles Swim	£21.00 per month	
Swimming DD Activation Fee	£15.00	
Swimming Lessons		
Junior per lesson (30mins)	£4.60	
Adult per lesson (30mins)	£5.40	
Waiting list deposit	£10.00	

(lessons are pre-paid for a 10 week block)

Saxon Pool and Leisure Centre



Saxon Pool and Leisure Centre
Saxon Drive, Biggleswade, Beds SG18 8SU

0300 300 8076

E. enquiries.saxon@stevenage-leisure.co.uk

... enjoy your health

www.lifestylesatmidbeds.co.uk



pool programme
april 2009

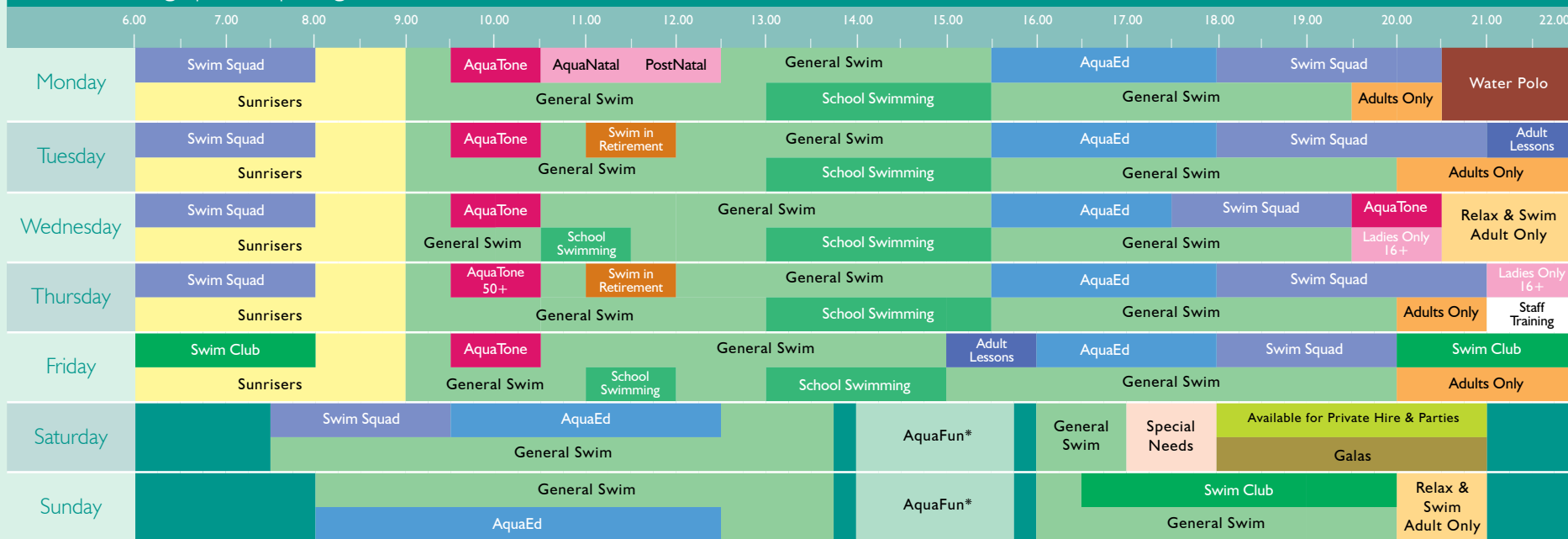
swimming pool activities with...

lifestyles @ saxon
enjoy your health

	LIFESTYLE		GYM		HEALTH		WORKOUT
	SWIMMING		KIDS		SAFETY		LIFESTYLE
	FITNESS		FUN		0300 300 8076		
						Saxon Pool and Leisure Centre Saxon Drive, Biggleswade, Beds SG18 8SU	

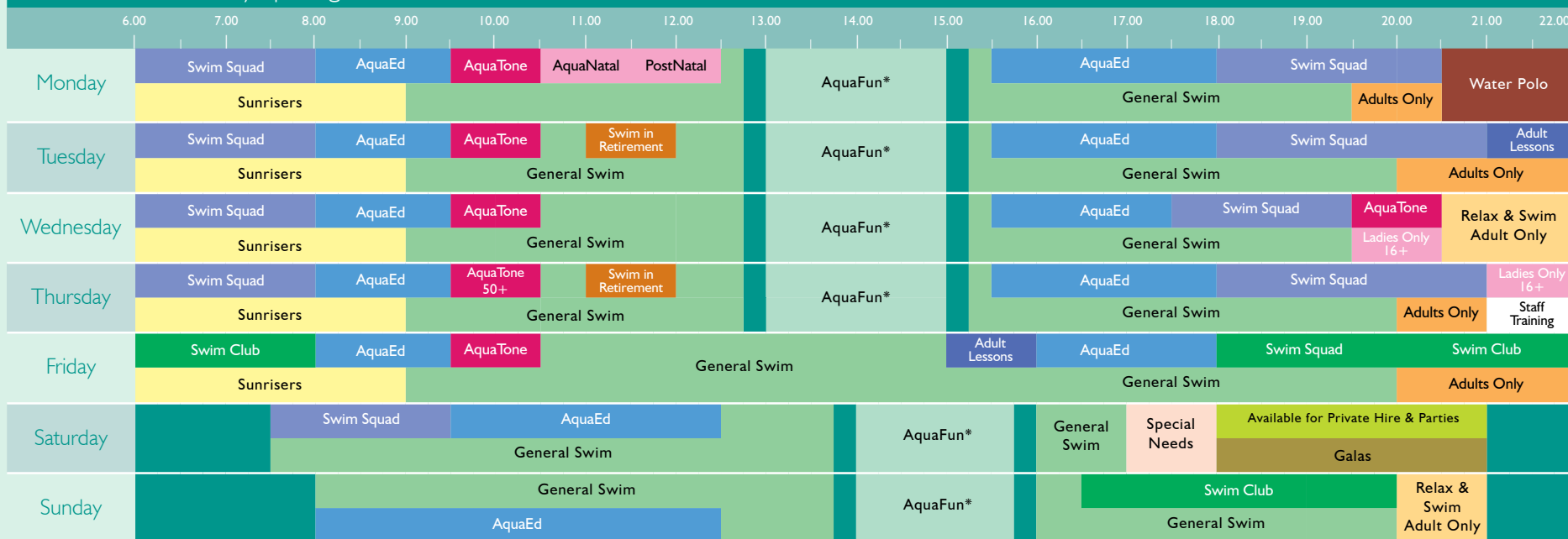
Saxon Pool and Leisure Centre

swimming pool programme



- Swim Squad
 - General Swim
 - Sunrise
 - AquaTone class
 - AquaNatal class
 - AquaFun (floats available)
 - AquaEd (pre-booked lessons)
 - Swim in Retirement
 - Water Polo
 - Special Needs
 - Private Hire/Parties
 - Adults Only
 - Adults Relax & Swim
 - Swim Club
 - Galas
 - Schools
 - Adult Lessons
 - Ladies Only 16+
 - Staff Training
 - Closed
- P** = Public Sessions

school holiday programme



Teaching pool for parent and toddlers, please note: AquaEd uses 50% of teaching pool and main pool. All bank holidays - the opening times are Mondays 10.00am - 6.30pm, Good Fridays 9.30am - 6.30pm for general swimming and AquaEd.
 *During AquaFun either flume or inflatable will be in use. Aquafun is subject to availability.