

sports development contacts

Alpha Trampoline Club

07947733935

Fri: 6-9pm

Flitwick Dolphins Swim Club

07885879154

Mon: 7-8pm

Wed: 7-10pm

Thurs: 6-8am

Sun: 7-8.30pm

Mid Beds Swim Squad

07828644427

Mon: 6-8am

Tue: 6-8am

Thurs: 6-8am

Sun: 7-9am

Flitwick Eagles Football

01525 714948

Sat: 10.30-11.30am

Sun: 10.30-11.30am / 2-3pm

Flitmoor Badminton

01525 280484

Tue: 8.15-9.45pm

Flitwick Jujitsu Club

01525 380195

Wed: 6-8.30pm

Fri: 7-9.30pm

Sat: 10-12noon

Task Karate

01525 750149

Mon: 6-8.15pm

Thurs: 6.45- 8.15pm

Racqueteers badminton

01525 840140

Wed: 7.30-9.45pm

Squash League

07718584562

lifestyles @ flitwick

Flitwick Leisure Centre

Steppingley Road, Flitwick, Beds MK45 1TH

01462 611 575

E: enquiries.flitwick@stevenage-leisure.co.uk