

# booking information

## booking@lifestyles

- Direct Debit and Annual members may book up to 14 days in advance for the activities included in their membership. Centre members may book up to 8 days in advance. All members can book in person, over the telephone or on the website ([www.lifestylesatmidbeds.co.uk](http://www.lifestylesatmidbeds.co.uk)). Non members may book up to 7 days in advance and full payment must be made at the time of booking.
- We require 24 hours notice of cancellation of all Lifestyles inductions.
- Classes must be cancelled at least two hours in advance, otherwise there will be a charge. The charge applies to all members (including Direct Debit and Annual members).
- Day admission must be paid by all non-members taking part in centre activities. This also includes all team games and any club sessions.
- Child to Adult ratio policy's apply, ask at Reception for details.



Keep an exercise kit handy, this might mean leaving clothes in your car.

If your exercise clothes are handy you can exercise whenever you get the urge.

[lifestyles@midbeds...](mailto:lifestyles@midbeds...)



## Saxon Pool and Leisure Centre

Saxon Drive, Biggleswade, Bedfordshire SG18 8SU

01462 611595

E: [enquiries.saxon@stevenage-leisure.co.uk](mailto:enquiries.saxon@stevenage-leisure.co.uk)

[www.lifestylesatmidbeds.co.uk](http://www.lifestylesatmidbeds.co.uk)

...enjoy your health!



Working in partnership:

design: out of the bleu 01767 319028

price list  
april 2009



great choice, great value...

**lifestyles@saxon**  
enjoy your health


Tel 01462 611595  
Saxon Pool and Leisure Centre  
Saxon Drive, Biggleswade, Beds SG18 8SU  
[www.lifestylesatmidbeds.co.uk](http://www.lifestylesatmidbeds.co.uk)

Activity	Price		Activity	Price	
	Member	Concession		Member	Concession
<b>day admission@lifestyles</b>					
Adult	£1.20		Adult	£2.50	£1.25
Junior (4-16)	£0.60		Junior/Student/Senior Citizen	£1.25	£0.65
Senior Citizen (60+)	£0.60		Swimcard Adult (10 swims)	£22.00	£11.00
<b>centre membership@lifestyles</b>					
Family	£41.50		Swimcard Junior (10 swims)	£11.00	£5.50
Adult	£20.75		Junior per lesson (30 mins)	£4.60	
Junior/Student/Senior Citizen	£6.75		Adult per lesson (60 mins)	£9.20	
Concession	n/a		Swimming Lesson waiting list deposit (lessons are pre-paid for a 10 week block)	£10.00	
<b>gym@lifestyles</b>					
4 Step Introduction Course	£50.00	£25.00	<b>children@lifestyles</b> (pre-bookable crèche)		
Adult session	£6.50	£3.25	1 hour	£2.10	
Senior Citizen/Student session	£3.25		Pre-paid 1 hour (10 spaces)	£21.00	
Junior session (see reception for details)	£3.25		<b>Saxon Sam Parties</b>		
Programme Review	£6.50	£3.25	Saxon Sam Parties (including tea)		
<b>workout@lifestyles</b>					
45 mins class	£3.45	£1.70	Saxon Splash		
1 hour class	£4.60	£2.30	Party Club		
1.5 hour class	£6.90	£3.45	Fitsplash		
Aqunatal	£3.45	£1.70	Saturday Night Party		
£20 non-refundable deposit required on booking: based on minimum 10/maximum 16 children.					
Please note: Student and low income concessionary prices apply to centre members only.					

## members prices

### direct debit membership@lifestyles\*

Lifestyles Xtra	£46.00 per month
Lifestyles Xtra Daytime	£31.00 per month
Lifestyles Gym	£36.00 per month
Gym DD Activation Fee	£25.00
Lifestyles Workout	£36.00 per month
Workout DD Activation Fee	£20.00
Lifestyles Swim	£21.00 per month
Lifestyles Family Swim	£42.00
Swimming DD Activation Fee	£15.00

\*Annual memberships are also available – No Activation Fee & One month Free.

\*Couples members receive a 5% discount off the standard DD membership fees, when purchasing two identical subscriptions.

\*4 Step Introduction Course is mandatory for all Gym users. This will also apply if the gym has not been attended for a period of 6 months or more.

### children's activities@lifestyles

Children's Swimming (30 mins)	£4.60	Member	Concession
Swimming Lesson waiting list deposit (lessons are pre-paid for a 10 week block)	£10.00		
Saxon Sam Parties (including tea)	£8.50 per head		
Run Riot Playscheme (per day)	£14.50		£7.35
Please note: Student and low income concessionary prices apply to centre members only.			

### facilities@lifestyles

Pool, Meeting Room and Social Area for hire (see reception for details)

There's lots on offer at Saxon Pool and Leisure Centre, to find out more visit:

[www.lifestylesatmidbeds.co.uk](http://www.lifestylesatmidbeds.co.uk)