

Please find your nearest AquaEd Swimming Centre below:

Flitwick Leisure Centre

Steppingley Road
Flitwick
Beds MK45 1TH

Tel: 0300 300 8045
Fax: 01525 718 871
Email: flitwick@stevenage-leisure.co.uk

Hitchin Swimming Centre

Fishponds Road
Hitchin
Herts SG5 1HA

Tel: 01462 441646
Fax: 01462 434475
Email: hitchin@stevenage-leisure.co.uk

Letchworth Outdoor Pool*

Norton Common, Icknield Way
Letchworth
Herts SG6 4UF

Tel: 01462 684 673
Fax: 01462 684 673
Email: leitchworth@stevenage-leisure.co.uk

*Open between May & September

North Herts Leisure Centre

Baldock Road
Letchworth
Herts SG6 2ER

Tel: 01462 679 311
Fax: 01462 485 819
Email: leitchworth@stevenage-leisure.co.uk

Royston Leisure Centre

Woodcock Road
Royston
Herts SG8 7XT

Tel: 01763 255190
Fax: 01763 257699
Email: royston@stevenage-leisure.co.uk

Saxon Pool & Leisure Centre

Saxon Drive
Biggleswade
Beds SG18 8SU

Tel: 0300 300 8076
Fax: 01767 600 366
Email: saxon@stevenage-leisure.co.uk

Stevenage Swimming Centre

St. Georges Way
Stevenage
Herts SG1 1XY

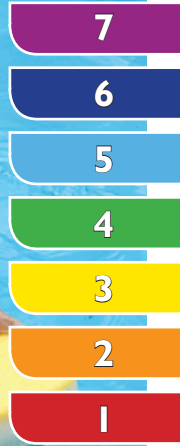
Tel: 01438 218 770
Fax: 01438 218 767
Email: swimming@stevenage-leisure.co.uk

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to learn to swim



Working in partnership

www.lifestylesatcentralbedfordshire.co.uk



An introduction to
AquaEd incorporating
the National Plan for
Teaching Swimming

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A facility of



managed by
Stevenage Leisure Limited

...be healthy



ASA National Plan for Teaching Swimming 'An all Inclusive Programme'

What is AquaEd?

AquaEd is Stevenage Leisure's successful swimming lesson scheme, teaching thousands of children to swim each week using the Amateur Swimming Association's National Plan for Teaching Swimming (NTPS).

AquaEd offers a new approach to swimming with the emphasis being on fun and enjoyment. Our teachers spend time interacting with your child to make sure they get the most from each lesson they attend. We reward every effort made no matter how small.

When are the classes?

All SLL pools run a mix of classes to suit all needs. Classes operate during the day, after school and at weekends. Whether you are a beginner or want to be a competitive swimmer, we have a lesson suitable for you. You can enter on to the scheme at any stage, dependant on age and ability.

SLL is working in partnership with the ASA to deliver the NPTS, therefore ensuring the AquaEd swimming scheme has different levels and clearly defined progression, so there is a swimming lesson for everyone.

To check availability, for more information or to book, ask or call reception now.

How do I join?

AquaEd delivers swimming lessons throughout the year. Anyone interested in joining the AquaEd swimming Scheme should contact their nearest AquaEd Swimming Centre who will advise of the current availability.

Why AquaEd?

All our swimming teachers are ASA qualified to a high standard. They attend continual professional development training courses to ensure their knowledge is up to date.

Our teacher to student ratios allow us to work with small teaching groups.

Our students work on a continual assessment basis so have an ongoing opportunity to succeed.

On completion of a level or distance a certificate and badge are awarded, these can be purchased at reception.

ASA National Plan for Teaching Swimming

