

lifestyles cafe

Drinks

Costa Coffee	Primo	Medio	Massimo
Cappuccino	£1.65	£1.95	£2.20
Caffe Latte	£1.65	£1.95	£2.20
Americano	£1.45	£1.75	£1.90
Mocha	£1.85	£2.20	£2.45
Hot Chocolate	£1.45	£1.95	£2.20
Tea	£1.20		
Speciality Tea	£1.20		
Babyccino	£0.50		
(Cold Milk also available at 30p & 60p)			

	Single	Double
Espresso	£1.35	£1.55
Macchiato	£1.35	£1.55

Extra shot of Syrup / Espresso £35p

Cold Drinks

	Small	Large
Squash	£0.55	£1.10
Orange Juice Carton	£0.65	
Fruit Shoots	£0.85	
Coke / Diet coke / Lemonade	£1.05	£2.10
Britvic Orange Juice	£1.35	
Bottle Green	£1.70	
J20	£1.90	
Bottled Water	£1.50	

Snacks

Paninis	£3.00
Cup-a-Soup	£0.60
Toast Includes spread and choice of jam	£0.50 per slice
Pastries Includes spread and choice of jam	£1.00
Baguette	£2.70
Premium Sandwich	£2.60
Round Roll	£2.50
Standard Sandwich	£2.40
Snack-a-Jacks	£0.85
Walkers Sensations Crisps	£0.70
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Mini cheddars	£0.65
Nuts	£0.65
Assorted Cakes	£1.30
Eat Natural Bar	£1.00
Cereal Bars	£0.65
Poppets	£0.65
Jaffa Cake Bar	£0.60
Biscuits	£0.45
Raisins	£0.30
Fruit	£0.40
Marshmallows (x4)	£0.35

Special deals available
please see our blackboards for details

Subject to change & availability.

lifestyles @ flitwick

Flitwick Leisure Centre
Steppingley Road, Flitwick, Beds MK45 1TH

0300 300 8045

E. enquiries.flitwick@stevenage-leisure.co.uk

www.lifestylesatcentralbedfordshire.co.uk



lifestyles bar

Draught	pint	half
Carlsberg	£3.10	£1.55
Carlsberg Export	£3.20	£1.60
Tetley Smooth	£3.00	£1.50

Bottled

Magners 568ml	£3.10
Newcastle Brown 550ml	£3.20
Old Speckled Hen 355ml	£2.70
Budweiser 330ml	£2.70
Becks 275ml	£2.65
Smirnoff Ice 275ml	£2.70

Spirits

All Spirits	£2.20
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Wine

Pinot Grigio 187ml	£2.70
Merlot 187ml	£2.70

Soft Drinks	large	half
Coca Cola	£2.10	£1.05
Diet Coke	£2.10	£1.05
Lemonade	£2.10	£1.05
Squash	£1.10	£0.55

Bottled Soft Drinks

J2O 275ml	£1.90
Bottle Green 275ml	£1.70
Britvic Low-Cal	£1.15
Tonic Water 125ml	
Britvic Orange Juice 160ml	£1.35
Strathmore Still / Sparkling Water 330ml	£1.50

Bar Snacks

Nuts	65p
Walkers Crisps	65p
Walkers Sensations	70p

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