

Summer Holiday Fun



Ages From
5 to 16

Come along this summer and enjoy a different activity each week at Sandy Sports Centre.

- Football
- Trampolining
- Archery
- Cheerleading
- Bouncy Castle
- Fitness / Gym Sessions

See reverse for more details.

lifestyles @ sandy

Sandy Sports Centre
Engayne Avenue, Sandy, Beds SG19 1BL

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www.lifestylesatmidbeds.co.uk



Central
Bedfordshire

Week One - Football

Monday 20th July - Friday 24th July
9.30am - 11am **Age 5-8 years**
11.45pm - 12.45pm **Age 9-13 years**
£10 for the Week
(Under 8's Policy, please ask at reception)



Week Two - Cheerleading

Monday 27th July - Friday 31st July
1.30pm - 3.00pm **Age 9-16 years**
£20.00 for the Week



Week Three - Kids Games & Bouncy Castle

Monday 3rd August - Friday 7th August
1pm - 2.30pm **Age 5-8 years**
£10 for the Week
(Under 8's Policy, please ask at reception)

Week Four - Archery

Monday 10th August - Friday 14th August
10am - 12pm **Age 10+**
£40 for the Week



Week Five - Fitness Week

Monday 17th August - Friday 21st August
11am - 12pm **Age 14+**
£10 for the Week

Week Six - Trampolining

Monday 24th August - Friday 28th August
2pm - 3.30pm **Age 5+**
£26.25 for the Week
(Under 8's Policy, please ask at reception)



Every Week - Gym Sessions

Monday - Friday
10am - 4pm **Age 11+**
£3.25 per session

For more information on these courses please contact reception